

(19) **United States**(12) **Patent Application Publication** (10) **Pub. No.: US 2002/0012722 A1**
Prosise et al. (43) **Pub. Date: Jan. 31, 2002**(54) **TASTY, CONVENIENT, NUTRITIONALLY
BALANCED FOOD COMPOSITIONS**

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426/637; 426/74(57) **ABSTRACT**

The present invention relates to tasty, ready-to-eat, nutritional foods that offer an alternative to appealing but unhealthy foods. More particularly, tasty, ready-to-eat, nutritional foods that provide a balanced mix of amino acids, fat, and carbohydrates are disclosed. Processes for making, and methods of using said tasty, ready-to-eat, nutritional foods are also disclosed. The nutritious foods of the present invention are formulated and processed such that they resolve the dilemma that consumers have always been faced with—healthy eating or enjoying what they eat.